

# MILK MATTERS

2019 SYMPOSIUM ON HUMAN MILK BANKING  
APR 12 - 13, 2019 - CHICAGO, IL



An educational meeting for milk banking professionals

# WELCOME!

Thank you for attending Milk Matters: an educational meeting for milk banking professionals, our second biennial symposium. More than 150 participants are here from 28 HMBANA member milk banks (including our newest – Minnesota Milk Bank for Babies) and four developing milk banks.

We also welcome our HMBANA board members and 12 generous exhibitors who are supporting the symposium.

As with all of our conferences, this symposium could not happen without the support of dedicated milk banking volunteers.

- THANK YOU to our fearless conference chair, Lesley Mondeaux, executive director of Northwest Mothers Milk Bank, as well as her milk bank team and the HMBANA conference committee, for extending themselves beyond all of the typical challenges of milk banking leadership and organizing this symposium.
- THANK YOU to Summer Kelly, executive director of Mothers' Milk Bank of the Western Great Lakes, and team, for hosting the milk bank mingle this year.
- THANK YOU to the many talented speakers and facilitators, as well as those staffing registration or helping in other ways. Whether you work with a milk bank or are otherwise involved, you are helping advance the field.
- THANK YOU to board member Ngoc Kouzmitch who has brought us graphic and marketing expertise, as evidenced by the work of her colleague Ron Berry, who we THANK for producing the majority of our symposium materials, including this program.

Here are some useful symposium logistical details:

- The closest subway, or "L", stop from the hotel is the blue line train station in Rosemont. It's a 5 to 10 minute drive from the hotel, depending on traffic. For more information, please ask hotel services or go online to <http://www.transitchicago.com/> for additional train information.
- Wifi is free throughout the hotel. Please contact hotel services if you have any related questions.
- Breakfast is included in your hotel rate. Use your breakfast vouchers from 6:00 to 8:00 am. There is no group breakfast planned.
- Please wear your favorite milk bank t-shirt and bring your "swag" to show & tell Saturday morning. Details are in the program.

Lastly, thanks to each of you for attending. Last year alone, HMBANA milk banks distributed 6.5 million ounces of pasteurized donor human milk, which was a 12% increase over 2017. We can't do our work without each other. This symposium is a critical component for sharing best practices and advancing our knowledge.

Sincerely,

A handwritten signature in black ink that reads "Lindsay Groff". The script is fluid and cursive, with the first letters of "Lindsay" and "Groff" being capitalized and prominent.

Lindsay Groff, MBA  
Executive Director  
HMBANA

# SYMPOSIUM AGENDA 2019

## THURSDAY, APRIL 11, 2019

11:00 - 12:15 pm	<b>Marketing Committe</b> [ <i>Hotel Restaurant</i> ]
11:00 - 1:15 pm	<b>Analyzer Task Force</b> [ <i>Garden A, B</i> ]
1:00 - 3:00 pm	<b>Board of Directors</b> [ <i>Lindbergh B</i> ]
3:00 - 5:00 pm	<b>Milk Bank Directors Only</b> [ <i>Garden A, B</i> ]
5:00 - 7:00 pm	<b>Medical Directors Only</b> [ <i>Hotel Restaurant</i> ]
6:00 - 9:00 pm	<b>Committees</b> [ <i>Lindbergh B</i> ] Accreditations (6:00 - 7:00) Medications (7:00 - 8:00) Guidelines (8:00 - 9:00)

## FRIDAY, APRIL 12, 2019

*Hotel guests can use their breakfast vouchers from 6:00 - 8:00 am.*

8:30 - 9:00 am <i>General</i>	<b>Welcome</b> [ <i>Garden A, B, C</i> ] - Lindsay Groff & Amy Vickers
9:00 - 10:00 am <i>General</i>	<b>Leading for Equity</b> [ <i>Garden A, B, C</i> ] - Brenda Blasingame <b><i>Making the Commitment and Doing the Work</i></b>
10:00 - 10:15 am	<b>Break</b> - Exhibitors Available
10:15 - 11:45 am <i>General</i>	<b>Understanding a Milk Bank's Role in Food Safety</b> [ <i>Garden A, B, C</i> ] Summer Kelly & Amy Vickers
11:45 - 1:00 pm	<b>Lunch</b> - Exhibitors Available
1:00 - 2:30 pm <i>Concurrent sessions</i>	<b>Milk Processing</b> [ <i>Garden A, B</i> ] - Summer Kelly, Amy Vickers & Shaina Starks <b>Milk Donor Screening</b> [ <i>Garden C</i> ] - Kim Updegrove <b>Communications</b> [ <i>Lindbergh B</i> ] - Sybil Sanchez
2:30 - 2:45 pm	<b>Break</b> - Exhibitors Available

## FRIDAY, APRIL 12, 2019

2:45 - 4:15 pm

15-minute

mini-sessions

**Milk Processing:** [*Garden A, B*]

- Drug Testing of PDHM - Rebecca Heinrich
- Thaw Stage Impact of Fat Retention - Linda Friend
- Bacillus Detection Project - Michelle Brenner
- Mixing Techniques Impact on Macronutrients - Linda Friend

**Donor Screening:** [*Garden C*]

- Improving Connections with Milk Donors - Sonia Brown
- Using Social Media Platforms for Donor Retention - Roseanne R. Motti
- Poppy's Dream Bereavement Project - Susan Urbanski
- Palliative Care and Bereaved Mothers - Diane Spatz
- Screening and Outreach for Spanish Speaking Mothers - Melisa Nunes

**Community Outreach:** [*Lindbergh B*]

- Best Start Programming to Promote Breastfeeding - Laraine Lockhart Borman
- Donor Milk To-Go - Shaina Starks & Sal Estrada
- Mothers' Milk Bank Baby Café - Abby Malman Case
- Lactation After Loss - Sarah Long & Lauren Duncan
- Partnering with a Prison - Nicole Setliff

4:15 - 5:00 pm

General

**Analyzer Updates** [*Garden A, B, C*]

Maryanne Tigchelaar Perrin &amp; Analyzer Task Force

Shuttles Start

at 5:30 - 6:15 pm

**Milk Bank Mingle** [*Meet in Lobby*]**Western Great Lakes Mothers Milk Bank**

## SATURDAY, APRIL 13, 2019

*Hotel guests can use their breakfast vouchers from 6:00 - 8:00 am.*

8:00 - 8:30 am

General

**Group Picture** [*Garden C*]

Wear your favorite milk bank t-shirt and bring your milk bank's favorite swag samples for show &amp; tell.

8:30 - 9:00 am

General

**Donor Milk Recipient Experience** [*Garden A, B, C*] - Jequeatta Upton-Smith

9:00 - 9:45 am

General

**Advocacy 101** [*Garden A, B, C*] - Liz Brooks

9:45 - 10:00 am

General

**Preparing Your Milk Bank for Natural Disasters and Other Delays**  
[*Garden A, B, C*] - Ashlynn Baker

10:00 - 10:15 am

**Break** - Exhibitors Available

## SATURDAY, APRIL 13, 2019

10:15 - 10:55 am

*Round Tables – Round 1  
(choose one)*

**Milk Depot Development and Annual Assessment** [*Garden A, B*]

Jenny Pemberton

**Growing a Leader: Creating Curriculum for Milk Bank EDs** [*Lindbergh B*]

Becky Saenz & Anna Higginbottom

**Milk Banking Equipment to Improve Efficiency** [*Garden A, B*] - Jami Marvin

**Legislative Updates** [*Garden C*] - Denise O’Conner & Julie Bouchet-Horwitz

**Developing Milk Banks: How Can We Help?** [*Lindbergh B*]

Joanne Schroeder Ransom

**Finding and Writing Grants** [*Garden C*] - Shannon Sullivan

**Hosting a Milk Drive 101** [*Garden A, B*] - Pauline Sakamoto

11:00 - 11:45 am

*Round Tables – Round 2  
(choose one)*

**Milk Depot Development and Annual Assessment** [*Garden A, B*]

Jenny Pemberton

**Human Resources Policies** [*Garden C*] - Julie Bouchet-Horwitz & Summer Kelly

**Creative Donor Outreach Strategies** [*Garden C*] - Kristina Habchi

**Providing Charitable Care** [*Lindbergh B*] - Naomi Bar-Yam

**Fundraising Best Practices** [*Lindbergh B*] - Cathy Boyer

**Strategies for Lowering Contamination Rates** [*Garden A, B*] - Amy Vickers

**Analyzer Care and Calibrations** [*Garden A, B*] - Joanne Schroeder Ransom

11:45 - 12:15 pm

**What’s Next** [*Garden A, B, C*] - Shannon Sullivan

12:15 - 12:30 pm

*General*

**Closing and Passport Prizes** [*Garden A, B, C*] - Lindsay Groff & Amy Vickers

12:30 pm

*Adjourn*

**Lunch on Your Own**

Hotel restaurant is closed for lunch. To find a local place: <https://www.rosemont.com/where-to-eat/>.

12:30 - 2:30 pm

**Developing Milk Banks** [*Lindbergh B*]

## GUEST SPEAKER BIOS

### **Brenda Blasingame, MA; Executive Director, Health Connect One**

Brenda Blasingame is the executive director for HealthConnect One and a dynamic leader in the maternal child health and early childhood space. She has over 20 years of experience working in public health, maternal and child health, early childhood development and education on issues that impact children, families and communities that have been marginalized and experience oppression. HealthConnect One is best known for their community-based doula model that has been nationally replicated, their leadership in the development of a peer-to-peer lactation/breastfeeding approaches, as well as supporting and training of community health workers.

### **Shannon Sullivan; Founder, the groundswell alliance**

Shannon Sullivan is the founder of the groundswell alliance: cooperative consulting for social and ecological good. For over five years, Shannon has been partnering with social impact organizations full-time, based on her 15+ years of past experience as a nonprofit executive. She currently facilitates the Vital Lands Illinois network and has partnered with HMBANA for the past three years on strategic planning and organizational capacity development.

## MEET THE SPEAKERS

**Ashlynn Baker, BSN, RN, IBCLC;** Manager, The King's Daughters Milk Bank, The Children's Hospital of the King's Daughters

**Naomi Bar-Yam, PhD;** Executive Director, Mothers' Milk Bank Northeast; Immediate Past President, Human Milk Banking Association of North America

**Brenda Blasingame (Guest), MA;** Executive Director, HealthConnect One

**Laraine Lockhart Borman, IBCLC;** Director of Outreach, Mothers' Milk Bank, a program of Rocky Mountain Children's Health Foundation

**Julie Bouchet-Horwitz, FNP, IBCLC;** Executive Director, The New York Milk Bank

**Cathy Boyer;** Development Director, The Milk Bank

**Michelle G. Brenner, MD, IBCLC;** Medical Director, The King's Daughters Milk Bank; Professor of Pediatrics, Eastern Virginia Medical School, The Children's Hospital of the King's Daughters

**Elizabeth Brooks, JD, IBCLC, FILCA;** Board Member, Human Milk Banking Association of North America

**Sonia Brown, RDN, IBCLC;** Donor Engagement Coordinator, Northwest Mothers Milk Bank

**Abby Malman Case, IBCLC;** Donor Relations Manager, Mothers' Milk Bank, a program of Rocky Mountain Children's Health Foundation

**Lauren Duncan, CLC;** Donor Mother Coordinator, The Milk Bank

**Salvadora Estrada;** Director of Programs, Mothers' Milk Bank of North Texas

**Linda Friend,** PhD Student in Nutrition, The University of North Carolina Greensboro

**Lindsay B. Groff, MBA;** Executive Director, Human Milk Banking Association of North America

**Kristina Habchi, BS, CLC;** Executive Director, Mothers' Milk Bank of Alabama

**Rebecca Heinrich, CLC, CHS (ABHI);** Director of Operations, Mothers' Milk Bank, a program of Rocky Mountain Children's Health Foundation

**Anna Higginbottom, ASW;** Deputy Executive Director, Mothers' Milk Bank of Mississippi

**Summer Kelly, RN, MS, IBCLC;** Executive Director, Mothers' Milk Bank of the Western Great Lakes

**Sarah Long, IBCLC;** Director of Clinical Operations, The Milk Bank

**Jami Marvin;** Production Director, The Milk Bank

**Melisa Nunes, CLC;** Donor Intake Coordinator, Mothers' Milk Bank Northeast

**Denise O'Connor, BS, IBCLC;** Executive Director, Mid-Atlantic Mothers' Milk Bank

**Jenny Pemberton;** Community Engagement Team Leader, The Milk Bank

**Maryanne Tigchelaar Perrin, PhD, MBA, RDN;** Assistant Professor, Department of Nutrition, The University of North Carolina Greensboro

**Joanne Schroeder Ransom, RN, IBCLC;** Clinical Director, Northwest Mothers Milk Bank

**Roseanne R. Motti, MFA, CLC;** Operations Manager, The New York Milk Bank

**Becky Saenz, MD;** Board President, Mothers' Milk Bank of Mississippi

**Pauline Sakamoto, MS, RN, PHN;** Executive Director, Mothers' Milk Bank

**Sybil Sanchez, MIA, CLC;** Associate Director, Human Milk Banking Association of North America

**Nicole Setliff, IBCLC;** Donor Screening Staff, Northwest Mothers Milk Bank

**Diane L. Spatz, PhD, RN-BC, FAAN;** Professor of Perinatal Nursing & Helen M. Shearer Professor of Nutrition, University of Pennsylvania School of Nursing; Nurse Researcher & Manager of Lactation Program, The Children's Hospital of Philadelphia; Clinical Coordinator, CHOP Mothers' Milk Bank

**Shaina Starks;** Director of Operations, Mothers' Milk Bank of North Texas

**Shannon Sullivan (Guest);** Founder, The Groundswell Alliance

**Amy Vickers, MSN, RN, IBCLC;** Executive Director, Mothers' Milk Bank of North Texas; President, Human Milk Banking Association of North America

**Kim Updegrove, CNM, MSN, MPH;** Executive Director, Mothers' Milk Bank at Austin

**Jequeatta Upton-Smith,** Donor Milk Recipient Mother, Mothers' Milk Bank of the Western Great Lakes

**Susan Urbanski, CLS;** Program Coordinator, Mothers' Milk Bank of the Western Great Lakes

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## MILK BANK SUPPORTERS





We thank the following conference committee members for their hard work organizing this symposium and applaud them for already gearing up for our 2020 international conference:

## CONFERENCE COMMITTEE MEMBERS

**Lesley Mondeaux**, Committee Chair, Northwest Mothers Milk Bank

**Laraine Lockhart Borman**, Mothers' Milk Bank (CO)

**Kristan Easter-Brown**, Heart of America Mothers' Milk Bank (MS)

**Lindsay Groff**, HMBANA

**Summer Kelly**, Mothers' Milk Bank of the Western Great Lakes

**Joanne Shroeder Ransom**, Northwest Mothers Milk Bank

**Pauline Sakomoto**, Mothers' Milk Bank (San Jose)

**Sybil Sanchez**, HMBANA

**Chris Smith**, Executive Director, OhioHealth Mothers' Milk Bank

**Kim Updegrove**, Mothers' Milk Bank at Austin

**Amy Vickers**, Mothers' Milk Bank of North Texas

The conference committee is delighted to remind you that **HMBANA** is seeking speakers for our 8th International Conference on Human Milk Banking in Austin, Texas on April 20-21, 2020. If you have expertise in the following areas, please apply at [bit.ly/2020SpeakerHMBANA](https://bit.ly/2020SpeakerHMBANA) by May 3, 2019:

- Human milk research
- Milk banking
- Practical applications of donor milk use
- Lactation and breastfeeding support
- Global perspectives on human milk banking

Our speaker compensation package offers free conference registration and a one-night complimentary hotel stay. Applicants will be notified of acceptance in early June 2019.