

2025 HUMAN MILK BANKING
ASSOCIATION OF
NORTH AMERICA

2025 HMBANA Symposium:
Best Practices in Food Safety
and Product Quality

**DALLAS, TX – HYATT REGENCY
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Welcome to the 2025 HMBANA Symposium!

We're so glad you're here.

This is our fourth biennial educational symposium exclusively for HMBANA member milk banks, and it's always a highlight for us to be in the same space with so many of you who are deeply committed to this work.

This year's theme, *Best Practices in Food Safety and Product Quality*, couldn't be more timely. We are especially excited about our intensive food safety workshop, led by Kate Nicholas. It's packed with practical takeaways to bring back to your teams. We're also introducing the brand-new Milk Bank Masterclass, hosted onsite at the Mothers' Milk Bank of North Texas. Huge thanks to MMBNT for welcoming us and helping make this hands-on, peer-led experience possible.

Events like this don't happen without the insight and collaboration of so many. I especially want to thank the content experts who helped shape this year's program:

- Megan T Crain, CLC, The King's Daughters Milk Bank
- Jason Foss, MPH, Minnesota Milk Bank for Babies
- Summer Kelly, MS, RN, IBCLC, Executive Director, Mothers' Milk Bank of the Western Great Lakes
- Shaina Starks, MPH, CPH, Mothers' Milk Bank of North Texas
- Lisa Stellwagen, MD, FAAP, UC Health Milk Bank, UC San Diego School of Medicine
- Kim Updegrove, RN, CNM, MSN, MPH, Mothers' Milk Bank at Austin

Thank you also to our incredible presenters, session facilitators, and volunteers for sharing your time and knowledge. And of course, we're grateful to our generous exhibitors for their continued support.

As always, our symposium is a chance to connect, ask questions, share stories, and strengthen the network that makes HMBANA unique. We hope you feel welcomed and energized whether you're a veteran or if this is your first time attending.

Here are a few things to keep in mind:

- Friday and Saturday breakfasts are on your own; coffee, tea, and a boxed lunch on Friday will be provided.
- Friday's programming includes the Milk Bank Masterclass; shuttles will depart from the hotel promptly at 12:30pm.
- Milk bankers: wear your milk bank T-shirt on Saturday morning for our group photo which will take place on the staircase in the lobby of the hotel.

Thanks again for being here. We hope you leave feeling inspired and proud to be part of this community.

Warmly,



Lindsay Groff, MBA
HMBANA Executive Director



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THURSDAY
APRIL 3, 2025

2:00 pm - 5:00 pm Exhibitor set-up (Enterprise Foyer 7 + 8)

2:00 pm - 5:00 pm Registration is open (Enterprise Foyer 7)

7:30 pm - 9:00 pm Directors' Night Cap (Hotel Restaurant)

FRIDAY
APRIL 4, 2025

7:00 am - 12:00 pm Registration is open (Enterprise Foyer 7)

7:00 am - 8:00 am Coffee and tea with exhibitors (Enterprise Foyer 7 + 8)

8:00 am - 8:15 am Welcome + Symposium Kickoff
with Lisa Stellwagen and Lindsay Groff (Enterprise 7 + 8)

8:15 am - 9:00 am *Hot Topics in Milk Bank Safety*
with Summer Kelly and Kim Updegrove (Enterprise 7 + 8)

9:00 am - 10:30 am *Identifying Hazards and Optimizing Food Safety Plans for
Human Milk Banks - Part 1* with Kate Nicholas (Enterprise 7 + 8)

10:30 am - 10:45 am Coffee and tea with exhibitors (Enterprise Foyer 7 + 8)

10:45 am - 12:15 pm *Identifying Hazards and Optimizing Food Safety Plans for
Human Milk Banks - Part 2* with Kate Nicholas (Enterprise 7 + 8)

12:15 pm *Closing remarks for the morning and send off to Milk Bank
Masterclasses* (Enterprise 7 + 8)

12:20 pm - 12:30 pm Board buses from hotel lobby

1:15 pm Arrival at Mothers' Milk Bank of North Texas, located at
7617 Benbrook Pkwy, Benbrook, TX 76126

1:30 pm Milk Bank Masterclass sessions begin (please see the map of
Masterclass sessions in this program)

Station A: *Innovative Donor Recruitments -*

Marketing and Social Media with Brynn Tran

Station B: *Best Practices/Application of Cross Check*
with Roseanne Motti

Station C: *Management of Tough Donor Questions*
with Lenna Gregory

Station D: *Labeling and ISBT Coding*
with Alison Wolf and Lisa Stellwagen

Station E: *Pasteurization Optimization*
with Lindsey Stecker and Danyel Jones-Minor

Station F: Optimization of Nutrients with Laura Steed

Station G: Bacillus Pretesting with Summer Kelly

Station H: Quality Assurance with Jason Foss

1:30 pm - 1:50 pm	<i>Station #1</i>
1:50 pm - 2:00 pm	<i>Move stations</i>
2:00 pm - 2:20 pm	<i>Station #2</i>
2:20 pm - 2:30 pm	<i>Move stations</i>
2:30 pm - 2:50 pm	<i>Station #3</i>
2:50 pm - 3:00 pm	<i>Move stations</i>
3:00 pm - 3:20 pm	<i>Station #4</i>
3:20 pm - 3:30 pm	<i>Board buses</i>
3:30 pm	<i>Depart Mothers' Milk Bank of North Texas</i>
4:10 pm	<i>Arrive hotel</i>
4:15 pm - 5:15 pm	<i>Sharing Insights & Lessons from the Milk Bank Masterclasses with Kim Updegrave (Enterprise 7 & 8)</i>
5:15 pm	<i>Closing Remarks for the Day with Lindsay Groff (Enterprise 7 & 8)</i>
7:00 pm	<i>Informal special interest group meetings in the hotel lobby and restaurant</i>



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SATURDAY
APRIL 5, 2025

- 7:00 am - 12:00 pm **Registration is open** (Enterprise Foyer 7)
- 7:00 am - 7:30 am **Exhibitor set-up** (Enterprise Foyer 7 + 8)
- 7:30 am - 8:00 am **Coffee and tea with exhibitors** (Enterprise 7 + 8)
- 8:15 am - 8:45 am ***Day Two Welcome and The Critical Importance of Donor Milk with Lisa Stellwagen*** (Enterprise 7 & 8)
- 8:45 am - 9:15 am ***Pooling Practices in Milk Banking with Sydney McCune*** (Enterprise 7 & 8)
- 9:15 am - 10:00 am ***Pathogen Primer in Milk Banking with Misty Virmani*** (Enterprise 7 & 8)
- 10:05 am **Group photo** (Lobby Stairwell)
- 10:10 am - 10:30 am ***Coffee and tea with exhibitors*** (Enterprise Foyer 7 & 8)
- 10:30 am - 11:15 am ***Milk and Medications in Milk Banking with Kaytlin Krutsch*** (Enterprise 7 & 8)
- 11:15 am - 11:45 am ***Building Bridges to Recruit Donors, Engage in Equity, and Support Families with Katera Goldman*** (Enterprise 7 & 8)
- 11:45 am - 12:15 pm ***Culture of Safety in Milk Banking with Kim Updegrove*** (Enterprise 7 & 8)
- 12:15 pm - 12:45 pm ***New Islamic Fatwa Guiding the Use of Donor Milk for Muslim Babies: A Collaborative Journey with Nancy Fahim*** (Enterprise 7 & 8)
- 12:45 pm - 1:00 pm ***Closing Remarks from Lindsay Groff*** (Enterprise 7 & 8)

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HMBANA Masterclass Sessions



- Entrance 1**
 - A** Innovative Donor Recruitment - Marketing and Social Media
 - B** Best Practices/Application of Cross Check
- Entrance 2**
 - C** Management of Tough Donor Questions
 - D** Labeling and ISBT Coding
- Entrance 3**
 - E** Pasteurization Optimization
 - F** Optimization of Nutrients
 - G** Bacillus Pretesting
 - H** Quality Assurance



mothers' milk bank
of north texas
— EST. 2004 —



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Jennifer Canvasser and family donating milk in honor of Micah, who passed away from NEC

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Meeting Space Map



Lobby Level Map



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2025 HMBANA Symposium Restaurant Options

Restaurant	Cuisine	Location	Distance	Budget
<u>Aces Lobby Bar</u> (dinner only)	American	Hotel	0 miles	\$\$
<u>Firebirds Wood Fired Grill</u>	American	Grapevine	4 miles	\$\$
<u>Grapevine Bob's Steak & Chop House</u>	Steak & Seafood	Grapevine	4 miles	\$\$\$\$
<u>Jacobs Spring Grill</u> (lunch only)	American	Hotel	0 miles	\$\$
<u>Jett's Coffee Bar</u>	Baked Goods	Hotel	0 miles	\$
<u>Mac's on Main</u>	American	Grapevine	4 miles	\$\$
<u>Mi Dia from Scratch</u>	Mexican	Grapevine	4 miles	\$\$
<u>Mister G's</u>	Japanese/Sushi	Hotel	0 miles	\$\$
<u>Oishii</u>	Sushi/Pan American	Grapevine	4 miles	\$\$\$
<u>P.F. Chang's</u>	Asian, Vegetarian	Grapevine	4 miles	\$\$\$
<u>Piaf Kitchen + Wine + Bar</u>	Mediterranean	Grapevine	4 miles	\$\$
<u>The Winewood Grill</u>	Steak & Seafood	Grapevine	4 miles	\$\$\$
<u>Tommy Tamale</u>	Mexican, Vegetarian	Grapevine	4 miles	\$\$

Thank you to our exhibitors!



CERES CHILL



**Thanks to Mothers' Milk Bank of North Texas
for hosting the Milk Bank Masterclass!**

**Grateful for the
opportunity to
connect, share
insights, and
advance our
collective work.**



mothers' milk bank
of north texas
— EST. 2004 —

Thank you to our 2025 HMBANA Symposium Content Experts!

Megan T Crain, CLC
The King's Daughters Milk Bank

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Shaina Starks, MPH, CPH
Mothers' Milk Bank of North Texas

Lisa Stellwagen, MD, FAAP
UC Health Milk Bank, UC San Diego School of Medicine

Kim Updegrave, RN, CNM, MSN, MPH
Mothers' Milk Bank at Austin

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