

## 2023 HMBANA Symposium - Schedule at a Glance

### Thursday, April 20, 2023

Time	Session
TBD	Board of Directors Meeting
TBD	Strategic Planning Session
TBD	Committee Meetings

### Friday, April 21, 2023

Time	Session
8:30 - 9:00 am	Welcome/HMBANA Highlights/Recognition of Committee Members/Committee Recruitment
9:00 - 10:00 am	Health Equity in Milk Banking
10:00-10:15 am	Exhibitor Coffee Break
10:15 - 11:15 am	The FDA and Milk Banking
11:15 - 11:45 am	Milk Science: Research Update
11:45 - 1:00 pm	Networking Lunch
1:00 - 2:15 pm	Legislative Updates at the Federal and Local Level
2:15 - 3:00 pm	Breakout Sessions (Choose One)
	<i>Milk Processing</i>
	<i>Donor Screening</i>
	<i>Marketing/Communications</i>
3:00 - 3:15 pm	Break with Exhibitors
3:15 - 4:15 pm	Building a Community Care Program: Panel Discussion
4:15 - 5:00 pm	Self-Care Strategies for Milk Bankers
5:30 pm - 7:30 pm	Milk Bank Mingle: OhioHealth Mothers' Milk Bank

**Saturday, April 22, 2023**

<b>Time</b>	<b>Session</b>
8:00 - 8:30 am	Group Picture
8:30 - 9:15 am	Using Data Points to Tell A Story
9:15 - 10:00 am	HR in the Real World: Dealing with Quiet Quitting, Entitlement and Unrealistic Demands
10:00 - 10:15 am	Exhibitor Coffee Break
10:15 - 11:00 am	Breakout Sessions (Choose One)
	<i>Equity Programming</i>
	<i>New Ideas for Equipment in Milk Processing</i>
	<i>Bereavement Programs - Idea Share</i>
11:00 - 11:45 am	Round Tables
	<i>Engaging Milk Depots</i>
	<i>Ins and Outs of a Milk Drive</i>
	<i>Hospital-Based Milk Banks: Navigating the Current Healthcare System</i>
	<i>Ways Milk Banks Can Support Breastfeeding</i>
	<i>Developing a Sanitation Plan</i>
	<i>Two Month Milk Donor Follow-Up Ideas</i>
	<i>Running a Successful Dispensary Program</i>
	<i>Innovative Shipping Solutions</i>
11:45 - 12:15pm	Donor Milk Recipient Story
12:15 - 12:30 pm	Wrap-up, Passport Prizes